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2026 Rules & Regulations | U14 Haya & Lagu Division



Guam Football Association



2026 SPRING TRIPLE J RWYL – U14

Under-14 Haya & Lagu (August 1st, 2011 – July 31st, 2014)

Field of Play	80 x 40; GFA-3 Mini Pitch	Suggested Roster Size	14-16
Ball	Size 5 Provided by Home team	Goalkeeper (Y/N)	Yes
Duration	U14: 2 x 25min; 5 min half time	Substitution	Haya: 5 Opportunities with unlimited number of players each time; (at the halfway line) Lagu: Unlimited; (at the halfway line)
Players on field	9v9: Maximum – 9 ; Minimum - 6	Referees	2 Man System

1. ORGANIZATION OF COMPETITION

- ✘ The name of the competition shall be the **GFA Triple J RWYL – U14**, hereafter, referred to as “the competition”.
- ✘ The competition shall be organized by the GFA Competition Committee and Football Events, hereafter referred to as “the Committee”.
- ✘ The GFA Football Event Department (hereafter called “the Department”) will bear the sole responsibility for league operations and can be reached at gfafed@theguamfa.com.

2. COMPETITION VENUE & MATCH DATES

- ✘ The competition venue shall be held at the **GFA National Training Center in Harmon**.
- ✘ The competition will be played on **Saturdays** unless otherwise stated on the official competition schedule.
- ✘ The official start date is **February 21, 2026**, and the Jamboree date is **April 25, 2026**.
- ✘ GFA reserves the right to modify the competition schedule so long as teams are given ample notice.

3. COMPETITION ENTRY & REQUIREMENTS

- ✘ Club’s Power Up Administrator must enter a team into the Power Up Convenor >> Manage>> Manage Teams>>Submit Governing Body;
- ✘ Clubs will submit a Club Participating Agreement by January 28, 2026
- ✘ Team entry must be submitted on time for the department to schedule the league accordingly.



- ❌ Clubs that have any outstanding financial and/or disciplinary obligations will not be allowed entry into the competition. For the current league, the club will have forty-five (45) days to pay the competition league fee and any additional fees. Failure to pay within the timeline will result the team and/or individual awards to be forfeited.
- ❌ Clubs will submit the team through Jotform by **February 04, 2026**
- ❌ Coaches are to have at least a **GFA “D” or higher license for the U14 Competitive Division. For the U14 development division coaches is recommended to have GFA “YCC” or higher. Proof of coaching license will need to be uploaded into the coach’s personnel profile.** GFA will conduct random inspections for the validity of each registered coach in this division. *Non-compliance may result with the coach not eligible to coach.*



*Vehicle entry only allowed at GFA Main Gate Entrance and GFA South Gate Entrance. Entrances denoted with a pink box are for pedestrians only. All youth athletes must be accompanied by an adult. The designated drop off area is between GFA 1 + Futsal Entrance and GFA 2 + GFA 3 Entrance only. Yellow boxes denote spaces where pop up tents are allowed.

4. ROSTER LIMIT

- ❌ Teams have a roster limit of 14-16 players.



- ⚡ Coaches must show a complete Power Up Sports Team roster with a player photo. A paper/picture copy of the team roster with a player photo is acceptable.
- ⚡ Teams may also have one manager or coach in the technical area.

5. DIVISIONS

- ⚡ Clubs **MUST** distinguish whether to participate in the “U14 - Haya” or “U14 - Lagu” division. This is to be submitted via Jotform link that will be provided to Member Clubs.
- ⚡ Clubs can enter either coed, all boys, or all girls team in either division (Haya or Lagu). GFA encourages the Club to enter the all-girls team in the U14G Astra Division. Refer to U14 Girls Astra Rules and Regulations for separate guidelines.
- ⚡ There **WILL** be standings and awards in the “U14 - Haya” division awarded to the first place and runner up with 20 medals maximum for each team
- ⚡ There **WILL NO** standings or awards in the “U14 - Lagu” division.
- ⚡ Schedule of games will be determined by the amount of participating teams in their respective divisions.

6. PLAYER ELIGIBILITY

- ⚡ A player may participate in the competition if he/she has a current Power Up Sports account and any outstanding balances and fines are “processed”.
- ⚡ All players’ registration into the league, **ALL SALES FINAL. NO REFUNDS**
- ⚡ Players must be born within the **fiscal year** corresponding to the group (August 1st, 2011 – July 31st, 2014). To be eligible to participate, all players must:
 - Be registered in **Power Up**,
 - Provide a **Birth Certificate** or **GFA Verification of Birth Document**,
 - Submit a **recent photo**,
 - Have **no outstanding disciplinary sanctions and/or fines**.
- ⚡ **National Academy Team players are exempt from the fiscal year calendar.**
- ⚡ **National Academy Team players must be registered in the League Power Up system in order to participate.**
- ⚡ Only players who meet all the above criteria will be considered eligible for participation.

GFA retains the right to its policy regarding player registration. Failure to provide the player’s proof of Date of Birth (or providing erroneous information, or an unacceptable document) will cancel the player’s application for registration. The Guam Football Association reserves the right to modify or supplement the provisions of player registration at any time.



- ⚡ A player may only be registered to one team during the competition. Once he/she takes part in a match- in whole or in part- he/she may not transfer to another team until the next season. There is no transfer window until next season. **Exception: The selected GFA National Academy Elite pool players are exempt from a one-team clause (See Item 8).**
- ⚡ A registered player is when payment in full to the member club (if applicable) AND to the GFA registration fee. Should any payment be found "pending" or not paid, the player will be considered ineligible. (Refer to Item 7).
- ⚡ Anyone who does not meet the above requirements will be considered ineligible.

7. INELIGIBLE PLAYER (per Art. 58 of 2021 GFA Disciplinary and Ethics Code)

- ⚡ If a player is fielded in an official match despite being ineligible, his/her club will be sanctioned by forfeiting the match and paying a minimum fine of \$25.

8. Matters Regarding Selected U15 National Academy Players Participating in the RWYL Sanctioned League

- a. **Eligibility:** 2012-born players selected for the U15 National Academy Team can participate in:
 - i. U14 Division (Haya or Lagu) with a Member Club; and
 - ii. U17 Boys/Girls Division with U14 National Academy Team.
The player plays for a single Club and eligible age group when representing its Club in a Match.
- b. **Conflict of Interest in Matches**
In the event that the National Academy Team is scheduled to compete in a league match against a Member Club featuring players listed on the match day National Academy roster, it is understood that those players shall remain subject to the jurisdiction of the Member Club for the duration of the match. Nonetheless, the Member Club retains the discretion to release the aforementioned player(s) if it so chooses.
- c. **Schedule of Matches**
The match between the U15 National Academy Team and the Member Club will be played at GFA NTC Saturday.



9. FORMAT OF COMPETITION

- ⚡ Each match will consist of two (2) equal twenty-five (25) minute halves with a halftime in between not exceeding five (5) minutes.
- ⚡ A match is played by two (2) teams; each consisting of not more than nine (9) players, one of whom is the goalkeeper. A match may start if either team consists of no-fewer than six (6) players.
- ⚡ Refer to Article 5. Standings (U14 – Haya division only): A club’s standing in its division shall be determined in the following manner:
 1. Total points gained (Win = 3 points, Draw = 1 point, Loss = 0 points)
 2. Head-to-Head (if more than two teams, skip to 4.)
 3. Goal Differential
 4. Greater number of goal
 5. Fewest number of forfeits
 6. Fewest number of disciplinary points
- ⚡ The committee reserves the right to make changes to the format if the need arises.
- ⚡ League rules are different from higher-level tournaments, such as State, Regional, and National Tournaments.

10. MATCH REGULATION

- ⚡ Current IFAB 2025/2026 Laws of the Game shall apply except as amended herein.
- ⚡ By participating in this competition, all players, coaches, team officials, parents, and spectators agree to abide by these rules and any sanctions for violating these rules.
- ⚡ **Respect the referees. These are youth referees under development and shall be respected and treated fairly. No verbal abuse or harassment will be tolerated. Refer to the zero-tolerance policy and fair play campaign. To report any abuse or harassment towards referees to the GFA JotForm: This could also be found on the GFA Webpage: www.guamfa.com (<https://form.jotform.com/220669393805868>)**

i. General Rules

- ⚡ Safety: Goals must be anchored securely to the ground. To assist with the safety of all players, coaches, referees, and staff should check.



- ⚠ Ball: The balls must provide by the home team (listed first). Should the ball provided by the home team not be adequate, the visiting team must provide a ball to use.

ii. Substitutions

- ⚠ “Haya Division”: 5 Opportunities (Unlimited)
- ⚠ “Lagu Division”: Unlimited substitution is allowed.
- ⚠ The referee must be informed before any substitution is made.
- ⚠ The substitute only enters during the stoppage of play at the halfway line after the player has left the field after receiving a signal from the referee to enter.

iii. Players’ Equipment

- ⚠ Basic Equipment: The basic compulsory equipment of a player comprises the following separate items:

1. A jersey or shirt with sleeves and a number on the back;
2. Shorts – No pockets allowed;
3. Skirts are allowed and you must wear leggings underneath.
No Skorts allowed.
4. Undergarment – Spandex/leggings must be under shorts and not a replacement of shorts.
5. Stockings – Players must have socks with the same base color (black, black with white stripes, etc.)
6. Shin guards
 - Are covered entirely by the socks;
 - Are made of rubber, plastic, or similar suitable material;
 - Provides a reasonable degree of protection (**Caution:** For the intent and purpose of player’s safety, the shin guards must be age/size appropriate which covers the majority of the player’s shins. It shall be the coaches’ responsibility to ensure that the players are wearing proper-sized shin guards).
7. Boots - Soccer cleats or turf shoes.
8. All items of jewelry are forbidden. (Medical Alert Items allowed. Medical Alert Items will need to be taped over, but not covering medical information)





9. Colors - The two teams must wear colors that distinguish them from each other. Should it conflict, the home team (listed first) on schedule must wear bibs. **GFA will not provide bibs.**

iv. **Determining the Outcome of a Match**

- ⚠ A goal is scored when the whole of the ball passes over the goal line, between the goalposts, and under the crossbar, provided that no infringement of the LOTG has been committed previously by the team scoring the goal.

v. **Restarts**

⚠ Kickoffs:

1. Will be awarded to the home team in the first half. In the second half, the team changes sides, and the opposite team will take the next kick-off.
2. A goal may not be scored directly from kick-off. The player taking the kick-off cannot touch the ball again until it has touched another player. (If a player touches it twice during kick-off, the kick-off indirect kick for the opponent.)

⚠ Throw-Ins:

1. A throw-in is awarded to the opponents of the player who last touched the ball when the whole of the ball crosses the touchline, either on the ground or in the air.
2. A goal cannot be scored directly from a throw-in.
3. Players only get one (1) chance on throw-ins for U14.

⚠ Goal Kick:

1. A goal kick is awarded when the whole of the ball passes over the goal line, either on the ground or in the air, having last touched a player of the attacking team.
2. A goal may be scored directly from a goal kick, but only against the opposing team.

⚠ Corner Kicks:

1. A corner kick is awarded when the whole of the ball passes over the goal line, either on the ground or in the air, having last touched a player of the defending team.



2. A goal may be scored directly from a corner kick, but only against the opposing team.
3. The opposing player must be at least 10 yards from the ball.

⚠ Offside:

1. It is not an offense in itself to be in an offside position. A player is in an offside position if: he/she is nearer to his opponent's goal line than both the ball and the second-last opponent.
2. A player is not in an offside position if:
 - He/she is in his/her half of the field of play;
 - He/she is level with the second-last opponent; or
 - He/she is level with the last two opponents.

⚠ Free Kicks:

3. All free kicks are either direct or indirect.
 - Direct Free Kick:
 - i. If a direct free kick is kicked directly into the opponent's goal, a goal is awarded.
 - ii. If a direct free kick is kicked directly into the team's own goal, a corner kick is awarded to the opposing team.
 - Indirect free kick: the referee indicates an indirect free kick by raising his arm above his head. He maintains his arm in that position until the kick has been taken and the ball has touched another player or goes out of play.
 - A goal can be scored only if the ball subsequently touches another player before it enters the goal:
 - i. If an indirect free kick is kicked directly into the opponent's goal, a goal kick is awarded.
 - ii. Procedure of the free kicks is to be complied with according to the LOTG.

⚠ Penalty Kicks:

1. A penalty kick is awarded against a team that commits one of the ten offenses for which a direct free kick is awarded, inside its penalty area and while the ball is in play.
2. A goal may be scored directly from a penalty kick.



3. Procedure of the penalty kick is to be complied with according to the LOTG.

vi. Referees and Other Match Officials

- Each match is controlled by two (2) assigned referees, who has full authority to enforce the LOTG in connection with the match to which he/she has been appointed.
- U14 Haya – Each match will have a **Youth Match Coordinator**.
- The **GFA Match Coordinator** is responsible for executing and overseeing the match's operation. Any harassment, disrespect, or disregard for the decision and direction provided will be recorded and handled by the GFA Football Events. Should the situation reoccur or escalates, it will be reported to the GFA Disciplinary and Ethics Committee for disciplinary measures.
- GFA Referees are responsible for enforcing the laws of the game and are the official time/scorekeepers.
- Coaches are encouraged to constructively provide insight to the referee department. GFA has mentors for the youth referee and coaches can provide feedback to the mentors first and the head of the refereeing second. Coaches are to refrain from discussing/confronting the youth referee.

vii. Fouls and Misconduct

- A player who commits a caution or sending-off offense, either on or off the field of play, whether directed towards an opponent, a teammate, the coaches, or any other person, is disciplined according to the nature of the offense committed.

1. Caution offenses: A player is cautioned and shown a yellow card if he/she commits any of the following seven offenses:

- Unsporting behavior;
- Dissent by word or action;
- Persistent infringement of the Laws of the Game;
- Delaying the restart of play;
- Failure to respect the required distance when play is restarted with a corner kick, free kick, or throw-in;
- Deliberately leaving the field of play without the referee's permission.





2. Sending-off offenses: A player, substitute, or substituted player is sent off if he/she commits any of the following seven offenses:

- A serious foul play;
- Violent conduct;
- Spitting at an opponent or any other person;
- Denying the opposing team a goal or an obvious goal-scoring opportunity by deliberately handling the ball (this does not apply to a goalkeeper within his/her penalty area);
- Denying an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offense punishable by a free kick or a penalty kick;
- Using offensive, insulting or abusive language and/or gestures;
- Receiving a second caution in the same match a player, substitute, or substituted player who has been sent off must leave the vicinity of the field of play and the technical area

viii. The Goalkeeper

- ☒ Goalkeepers will have use of their hands. The goalkeeper may punt or drop-kick the ball

ix. Slide Tackling

- ☒ Slide tackling will now be permitted.
- ☒ Coaches are encouraged to teach proper slide tackle techniques in order to minimize risk of injury.

11. OTHER MATTERS

☒ Anti-Doping:

1. Doping is prohibited. The FIFA ADR, AFC Anti-Doping Regulations, the GFA Disciplinary Code, and all relevant GFA directives about anti-doping apply to the Competition.
2. The GFA shall inform each member association using a circular of the doping control procedure for the Competition.

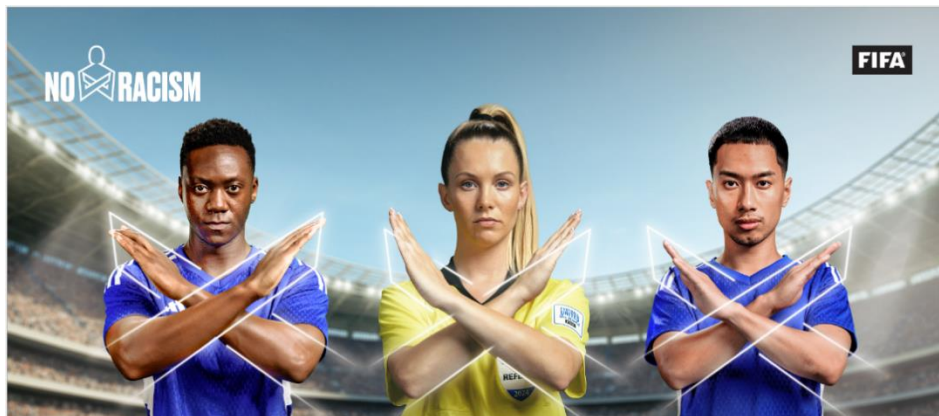


3. The GFA Medical Committee shall be responsible for the approval of the WADA-accredited laboratory which shall carry out the analysis of all doping samples.

“In doping-related matters, the FIFA Anti-Doping Regulations apply in full. In the event of any discrepancy between the national regulations and the FIFA Anti-Doping Regulations, the provisions set out in the FIFA Anti-Doping Regulations shall prevail.”

🚩 Global Stand Against Racism:

Our league adopts FIFA's zero-tolerance policy towards all forms of racism and discrimination. This includes any verbal, physical, or symbolic acts of racism during matches, training sessions, or related events. In line with FIFA's Global Stand Against Racism, players, coaches, and officials are empowered to use the "No Racism" gesture—crossing their wrists—to signal incidents of racial abuse. This action prompts the referee to initiate the three-step procedure:



- 1) Stop the match.
- 2) Suspend the match.
- 3) Abandon the match if the abuse persists.

This protocol is mandatory and applies to all league activities. For reporting any incidents, please complete the GFA Incident Form on the GFA website.

🚩 Concussion: Suspect and Protect

Player safety is paramount. Any individual exhibiting signs or symptoms of a concussion must immediately leave the field and seek medical attention. Symptoms may not be immediately apparent and can develop up to 72 hours post-impact. In accordance with FIFA's "Concussion: Suspect and Protect" campaign, players are prohibited from returning to play on the same day of a



suspected concussion. Additionally, permanent concussion substitutes are permitted under the Laws of the Game to ensure player safety.



For additional references, please check out FIFA Concussion document on GFA Website: [Guam Football Association | Education](#)

⚠ Safeguarding: Protecting All Participants

Our league is committed to creating a safe environment free from harassment, abuse, exploitation, or neglect. This commitment aligns with FIFA's Guardians program, which provides a framework to prevent harm and respond appropriately to safeguarding concerns. All individuals involved in the league—players, coaches, officials, and volunteers—are expected to adhere to these safeguarding principles.

Youth players are entitled to a safe playing environment where their physical, emotional, and mental well-being is prioritized at all times.

Referees are protected from intimidation, abuse, or threats during matches, ensuring they can perform their duties fairly and safely.

Any safeguarding concerns must be reported promptly using the GFA Incident Form - Safeguarding available on the GFA Website or contact Mr. Walter Benavente, GFA Safeguarding Officer (eventadmin1@theguamfa.com).

⚠ INCIDENT REPORT: Please report any/all incidents via an incident form provided online.

<https://form.jotform.com/220669393805868>

⚠ IMPORTANT DATES:

- i. **Mid-Season Youth League Meeting:** Wednesday, March 26, 2026 at 6:30 pm.
- ii. **Post-Season Youth League Meeting:** Tuesday, May 5, 2026, at 6:30 pm.

**ABSOLUTELY: NO SMOKING! NO ALCOHOLIC BEVERAGES!
NO PETS ALLOWED!**



GFA YOUTH SOCCER CODE OF CONDUCT

We, the coaches, team managers, and proud parents/relatives of a GFA Youth League soccer player, promise to be model coaches, managers, and/or spectators at games in which our son/daughter/relative is a participant, as well as at other games where youth are present with us.

We will:

- ✘ Encourage Fair Play.
- ✘ Cheer positively for all players, regardless of which team they represent.
- ✘ Not criticize the performance of my child or his teammates.
- ✘ Not criticize the opponents of our team.
- ✘ Not embarrass my player with my behavior.
- ✘ Allow the coaches to do the coaching, and coaches will conduct themselves in a model way.
- ✘ Show respect for the game officials by not criticizing them or undermining their authority in the eyes of our players.
- ✘ Display good sportsmanship as a positive example for my player.
- ✘ Represent not only my player, but also the team, our club, the league, and the game of soccer, and will conduct myself accordingly.
- ✘ Do the greater good.

Failure to abide by the “GFA YOUTH CODE OF CONDUCT” prescribed above, the following steps will be taken by the GFA Football Events Department.

1. Verbal warning.
2. Written warning.
3. Game suspension with written documentation of the incident kept on file by organizations involved.
4. Game forfeit.
5. Parental season suspension.
6. Should the spectator be a youth member of GFA, an athlete will be suspended.

IMPORTANT CONTACTS:

Football Events Department		(671) 637-4321 ext.202
Head of Football Events	Sam San Gil:	(671) 998-2766
Football Events Administrator	Ashley Besagar	(671) 747-6391
Safeguarding Officer	Walter Benavente	(671) 482-3849
Head of Refereeing	George Stewart	(671) 688-1274
General Secretary	Joe Cepeda	(671) 988-7479
Executive Director	Cheri Stewart	(671) 688-1279

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